

Ready for School. Set for Life.

Partnering with parents and families to help all children stay healthy and succeed in school.



Parent Guide to First Things First Funded Programs in Pima County

Contact

Are you a parent or caregiver looking for resources and support?

Home Visitation

Gives young children stronger, more supportive relationships with their parents through in-home services on a variety of topics, including parenting skills, early childhood development, literacy, etc. Connects parents with community resources to help them better support their child's health and early learning.

Parent Education Community-Based Training

Strengthens families with young children by providing voluntary classes in community-based settings such as parenting groups, nutrition education, and support and education for teen parents

Casa de los Niños

(520) 624-5600 ext. 401

United Way of Tucson & Southern AZ

(520) 903-3954

Teen Outreach Pregnancy Services

(520) 888-2881

Do you have parenting questions or need advice?

Birth to Five Helpline

Helps families with young children get free answers to their toughest parenting questions.

Southwest Human Development

1-877-705-KIDS (5437)

Do you want information about your child's physical or oral health?

Oral Health (Services only available in South Pima)

Decreases preventable oral health problems in young children.

Pima County Health Department

First Smiles Matter

(520) 243-7782

Want to see how reading and play can help your child learn?

Community-based Literacy

Helps parents support their young child's love of words and books.

Make Way For Books

(520) 721-2334

Do you need to find a preschool?

Pre-K and Head Start Expansion

Increase the number of 3- and 4-year olds enrolled in high quality preschool programs that prepare them to succeed in kindergarten and beyond. This program is only available in the Tohono O'odham Nation region.

Tohono O'odham Nation Education

Department

(520) 383-7800

First Things First Southeast AZ Regional Area Partnership Councils

For more information contact:

SE AZ Regional Office at (520) 628-6650 or Lisette DeMars, Community Outreach Coordinator at ldemars@azftf.gov or 520-271-2978 or Aggie Nizhonie Hart, Community Outreach Coordinator for Pascua Yaqui Tribe and Tohono O'odham Nation at ahart@azftf.gov or 602-320-1609

Areas Served:

North Pima, Central Pima, South Pima,

Tohono O'odham Nation and the

Pascua Yaqui Tribe

Call the program contact numbers listed to learn if this program is available in your neighborhood